

2018



AGENDA

- General Information
- 2018 Calendar
- Raffle Ticket Sales

WHY FOOTBALL?

- Teaches the value of being part of something bigger than yourself.
- Teaches delayed gratification.
- Teaches structure and discipline.
- Builds confidence.
- Teaches if you make a commitment to something and work hard you can achieve goals.

WHY FOOTBALL?

- Teaches the skill of taking coaching.
- Teaches how to win.
- Teaches how to lose.
- Teaches how to move forward from a loss and learn from it.
- Teaches how to deal with pressure.
- “Why we need high school football” Tedx Talk
 - <http://footballscoop.com/news/tedx-talk-need-high-school-football/>
- John Harbaugh Why Football Matters letter in your calendar.

OFFSEASON EXPECTATIONS

- Participate in other St. Joseph sports.
- If not involved in another St. Joseph sport participate in the training program provided.
- Participate in all relevant fundraisers.
- During the summer see calendar for expectations.

PLAYING AT THE NEXT LEVEL

- Most important thing is your GPA, this starts the first semester of your freshman year.
- Test scores; need to do well on the SAT. You can and should take it more than once.
- What do I need to do to get recruited?
 - Register with the www.eligibilitycenter.org
 - Good grades (start strong)
 - Good test scores
 - Good tape
 - Go to camps

PLAYING AT THE NEXT LEVEL CONT.

- Recruiting Services: Not needed, we are your recruiting service.
- Camps/Combines
 - Camps: Teach football
 - Combine: Evaluate
 - Some do both
 - Need to go to the right camps/combines.
 - Need to be prepared properly when you go.

PLAYING AT THE NEXT LEVEL CONT.

- We will help you navigate the process.
- Make sure I (Coach Church) can answer the following questions in a positive way?
 - Can he be trusted?
 - Is he a hardworker?
 - Is he a good teammate?
 - Is he coachable?

VARSITY GAMEDAY PACK

- Gameday pack; TBD, polo shirt, game socks.
 - Price will be TBD
 - Each Varsity player will have the opportunity to earn credit towards their gameday pack through fundraising activities.
 - Pater True Value Bucket Sales, Blossomtime Program Sales, Drive for Your School, Krasl Art Fair Parking, Youth Camp, Triathlon Clean-up.
 - 5 fundraisers= 100% of gameday pack paid for
 - 4 fundraisers =80% of gameday pack paid for
 - 3 fundraisers= 60% of gameday pack paid for
 - 2 fundraiser= 40% of gameday pack paid for
 - 1 fundraiser= 20% of gameday pack paid for

ST. JOSEPH FOOTBALL CONTACT INFO.

Head Coach: Gandalf Church

Cell phone: 269-449-6553

Email: gchurch@sjschools.org

Twitter: @CoachChurchSJ

St. Joseph Football

Website: www.stjoefootball.com

Facebook: www.facebook.com/sjfootball

Twitter: @stjoefootball

Instagram: stjoefootball

Boosters

President: Ann Essig

Vice-President: Cassandra Derks-Kent

Co-treasurers: Hilary Kalin and Will Pierce

Secretary: Michelle and Sean Nichols

Email: boosters@stjoefootball.com

Facebook: www.facebook.com/SJfootballboosters

Twitter: @SJFBboosters

Instagram: SJFBboosters

2018 CALENDAR

- FEBRUARY

- High School after school lifting for any players not in Adv. PE or in a St. Joseph sport Mon., Weds., Fri. 2:50-3:40 PM High School weight room.
- Upton after school lifting for any player not in a St. Joseph sport Tues., Thurs., Fri. 3 to 4 Upton Weight Room.
- Current 9th, 10th, 11th graders register for Advance Strength and Conditioning.

2018 CALENDAR

- MARCH

- High School after school lifting continues.
- Upton after school lifting continues.
- Silver Beach Pizza Give Back Night Mon. 5th
- High School Team Meetings 8:35 AM Weds. 7th, Weds. 21st
- Raffle Ticket turn in Sun. 11th 6 to 7 PM H. S. Fieldhouse
- Raffle Drawing Sat. 24th 9:50 AM Coaches Show WSJM 1400 AM

2018 CALENDAR

- APRIL

- High School after school lifting continues.
- Upton after school lifting continues.
- High School Team Meeting 8:35 AM Weds.
18th
- Sat. 28th Pater True Value Bucket Fundraiser.
 - Varsity Players only

2018 CALENDAR

- MAY

- High School after school lifting continues
- Upton after school lifting continues
- High School Team Meetings 8:35 AM Weds. 2nd, Weds. 16th, Weds. 30th
- Blossomtime Parade program sales Sat. 5th
 - Varsity and JV
- Kicking School Sun. 6th and 20th 6-7 PM High School Practice Field
- Upton Football Parent/Player meeting Sun. 20th 6 PM Upton auditorium.
- Freshman Parent/Player meeting Sun. 20th 7:30 PM High School Fieldhouse.

2018 CALENDAR

- JUNE

- Sports Physicals Weds. 6th 6 PM H. S. Fieldhouse
- Drive for Your School fundraiser 12 to 8 PM High School
- Bear Gridiron Jam Sat. 9th
- WMU 7 on 7 Sun. 10th-Varsity only
- Kicking School Sun. 10th, Weds. 24th 6 to 7 PM High School Practice Field
- QB School for Rocket level and rising 7th and 8th graders 10 AM Mon. 11th, 18th, 25th H. S. Practice Field

2018 CALENDAR

- JUNE Cont.

- Summer Lifting and Conditioning begins on Mon. the 11th.
 - Workouts are from 7:30 AM to 9:30 AM or 5:30 PM to 7:30 PM at SJHS every Monday, Wednesday and Thursday.
 - These workouts are for rising 9th, 10th, 11th and 12th graders.
 - We encourage 10th, 11th and 12th to come in the AM and 9th to come in the PM.
 - Workouts start at 7:30 and 5:30 do not be late
 - Communicate with coaches
 - Wear appropriate attire. (shoes for running)
 - Thursday workouts are beach workouts.

2018 CALENDAR

- JULY

- Fri. June 29th to Sun. July 8th dead week
- Summer training resumes 9th Mon., Weds., Fri.
- Friday's are beach workouts
- Sat. 14th and Sun. 15th Krasl Art Fair Parking Fundraiser- Varsity only
- QB School for Rocket level and rising 7th and 8th graders Mon. 9th and 16h 10 AM H. S. Practice Field
- Kicking School Sun. 15th, Sun. 22nd 6 to 7 PM High School Practice Field

2018 Calendar

- JULY Cont.

- Tues. 10th and 17th and Thurs. 12th and 19th 7 on 7 competitions
 - Time 5:30 PM at Lakeshore
 - Competitions are for rising 9th, 10th, 11th and 12th grade skill position players.
 - 10th – Varsity only
- Big Man Challenge Thurs. 19th @ Plainwell H. S.
- Athletic Dept. Golf Outing Fri. 20th
- Youth Football Camp Sat. 28th 8 to 11:30 AM @ H. S. Practice Field

2018 CALENDAR

- JULY CONT.

- St. Joseph H. S. Football Camp 23rd, 24th, 25th, 26th, 27th
 - 8 AM to 1 PM Mon. through Thurs. (lunch provided)
 - Fri. 4:30 to 8 PM
 - @ St. Joseph High School
 - For rising 9th, 10th, 11th, 12th graders.
 - Camp forms given to you when you came in.
- Upton Football Camp Mon. 23rd and Weds. 25th and Fri. 27th
 - 6 to 8:30 PM on Mon. and 6 to 8 PM Wed. and Fri.
 - @ St. Joseph High School.
 - For rising 7th and 7^{8h} graders.
 - Camp forms given to you when you came in.
- Mom's Night Fri. 27th 7 to 9 PM @ H. S. Practice Field
 - For all levels

2018 CALENDAR

- AUGUST

- Sun. 29th to Sat. 4th dead week
- Sports Physicals Weds. 1st 6 PM @ H. S. Fieldhouse
- Deadline for all high school paperwork to be turned into the athletic office Fri. 3rd
- Mandatory Parent/Player meeting Sun. 5th
 - 7 to 8 PM
 - @ St. Joseph H. S. Fieldhouse
 - For rising 9th, 10th, 11th, 12th graders
- High School practice starts Mon. 6th
 - Varsity from 7 AM to 4 PM (lunch provided)
 - Frosh and Junior Varsity 7 to 11:30 AM

2018 CALENDAR

- AUGUST Cont.

- Upton Conditioning Tues. 7th, Thurs. 9th, Tues. 16th and Thurs. 18th 6 to 8 PM @ Upton
- Maize and Blue Game/Pictures Sat. the 11th 8 to 12 @ H. S.
- Triathlon Clean Up Sun. 12th
- Kick Off Celebration Weds. 16th 6:30 PM @ Dickinson Stadium
- Intrasquad Scrimmage Thurs. 17th @ Grand Rapids
Christian times TBD

2018 CALENDAR

- AUGUST CONT.

- Fri. 17th Afternoon/Evening practice
- Dad's Night 7 to 9 PM @ Dickinson Stadium
- Game Week Schedule starts Mon. 20th
 - Varsity treatment at 7:30 AM on Saturdays
 - Varsity lifts from 8 to 9 AM on Saturdays
 - All teams start practicing in the afternoon only starting Mon. the 20th
- Upton practice starts Mon. 20th
- Freshman/Junior Varsity opener Thurs. 23rd @ Battle Creek Central
- Varsity opener Fri. 24th vs. Battle Creek Central

2018 CALENDAR

- AUGUST CONT.
 - No practice on Sun. 26th
 - Freshman/JV Weds. 29th vs. Niles
 - Varsity Thurs. 30th @ Niles
 - Varsity treatment 7:30 AM Fri. 31st
 - Varsity lift 8 to 9 AM Fri. 31st

2018 CALENDAR

- SEPTEMBER

- Labor Day Weekend

- Varsity Game on Thursday 30th
- Treatment 7:30 AM Lift 8 AM to 9 AM on Friday 31st
- Off Sat. 1st, Sun. 2nd
- Practice afternoon/evening Mon. 3rd

- First day of school Tues. 5th

- Upton Scrimmage vs. Benton Harbor @ Upton 4 PM

2018 Calendar

- September
 - Varsity vs. Mattawan Future Bear Night Fri. 7th
 - Upton Football opener @ Battle Creek Central
Weds. 12th
 - After practice academic assistance begins for high school players week of 17th
 - Varsity vs. Portage Central Team Up For Cancer event Fri. 28th

2018 Calendar

- OCTOBER

- Varsity vs. Dewitt Homecoming Fri. 12th
- Varsity vs. Portage Northern Senior Night Fri. 19th
- Varsity Meet/Film 5:30 PM to 7 PM Sun. 21st
- Playoff Selection Show Varsity and JV 7 PM at BWW Sun. 21st
- Parent/Player Meeting Varsity and JV 7:45 PM at BWW Sun. 21st



St. Joe Football Boosters

2018 RAFFLE FUNDRAISER

1st Prize

\$1000 Cash



2nd Prize

Two Michigan State
Season Football Tickets



3rd Prize

Four Rounds of Golf at
HARBOR SLOPES



- Tickets on Sale from February 25rd to March 11th
- \$10.00/Ticket
- Money and ticket stubs to be returned on Sunday, March 11th from 6 to 7 pm in the Fieldhouse. (The state of Michigan requires us to keep track of every ticket. Please make sure to return all tickets, including UNSOLD tickets and the SOLD stubs.)
- Drawing will be on Saturday Morning, March 24th at 9:50 AM during “The Coaches” show at Henry’s Hamburgers in Benton Harbor on WSJM -AM 1400.
- Top Sales Prizes: 1st \$75 Tosi’s Gift card, 2nd \$50 Silver Beach Pizza Gift Card, 3rd \$25 Mark III Gift Card, 4th \$15 Popeye’s Gift Card
- Cash or checks made out to “St.Joe Football” are accepted

*****for additional tickets high school players see Coach Church, junior high players see Coach Catania*****

CONCLUSION

- Let anyone who could not be here know that the calendar, PowerPoint presentation and camp forms will be posted on the website.
(www.stjoefootball.com)
- Raffle Ticket packets that do not get picked up tonight will be distributed tomorrow in school.
 - Coach Catania and Coach Brown at Upton
 - Coach Church at the High School
- Pick up Raffle Ticket packets on the stage before you leave.